

Wellbeing support for GP registrars: misaligned perspectives and experiences of GP supervisors and GP registrars

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Background

- GP registrars require access to wellbeing support throughout their training
- GP supervisors may provide wellbeing support, however, the responsibilities associated with this role lack clarity

Aim

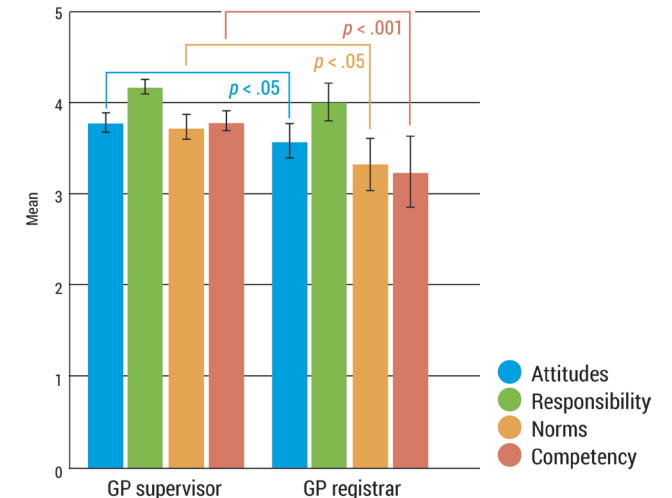
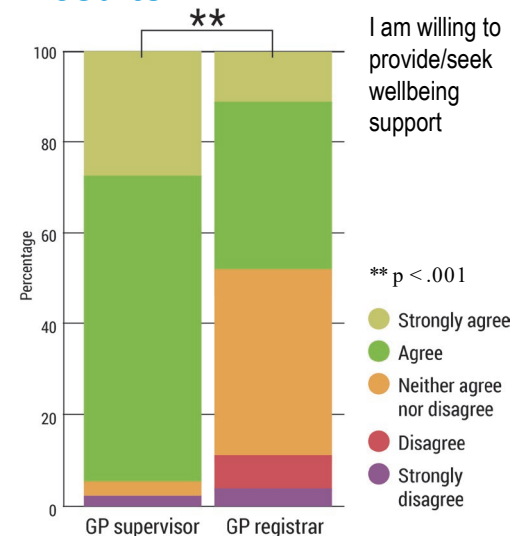
To explore the perspectives and experiences of GP supervisors and GP registrars as providers and recipients of wellbeing support in GP training

Method

- GP supervisors (n = 94; 60% women; 54±11)
- GP registrars (n = 27; 74% women; 34±9)
- All Australian States/Territories represented
- All urban, regional/rural locations represented
- Anonymous online survey based on the Theory of Planned Behaviour (5 point Likert-type scales)

Citation: Toukhsati SR, et al. Wellbeing support for GP registrars: misaligned perspectives and experiences of GP supervisors and GP registrars. Paper presented at: WONCA 2023; 2023 Oct 26-29; Sydney Australia

Results



Discussion

- GP supervisors are more willing to provide wellbeing support than GP registrars are to seek it from them.
- There is normative pressure for GP supervisors to provide wellbeing support in GP training, but not for GP registrars to seek it from them.
- GP supervisors have greater confidence in their capacity to provide wellbeing support than GP registrars have of them.