

Brave enough to be vulnerable in GP training?

The benefits of reciprocity in the GP supervisor-registrar relationship

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Background

- The GP supervisor-registrar alliance is the foundation for successful training in general practice
- Willingness to be vulnerable within this alliance can deepen the relationship and foster learning opportunities

Aim

To explore reciprocity in disclosures about professional and personal matters between GP supervisors and GP registrars

Method

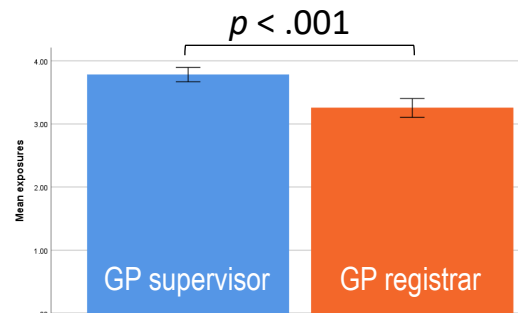
- GP supervisors (n = 58; 58% women; age 51±11)
- GP registrars (n = 58; 66% women; age 34±6)
- All Australian States/Territories represented
- Anonymous online surveys (Self-Disclosure Scale¹; Exposure to Disclosures Scale²; 5 point Likert-type scales)

Discussion

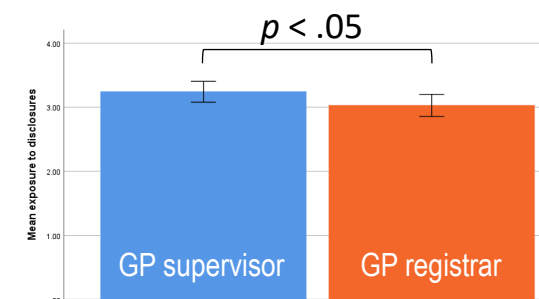
- GP supervisors self-report greater willingness to make disclosures, and more exposure to disclosures, than GP registrars
- Greater exposure to personal and professional disclosures is associated with increased likelihood of making disclosures

Results

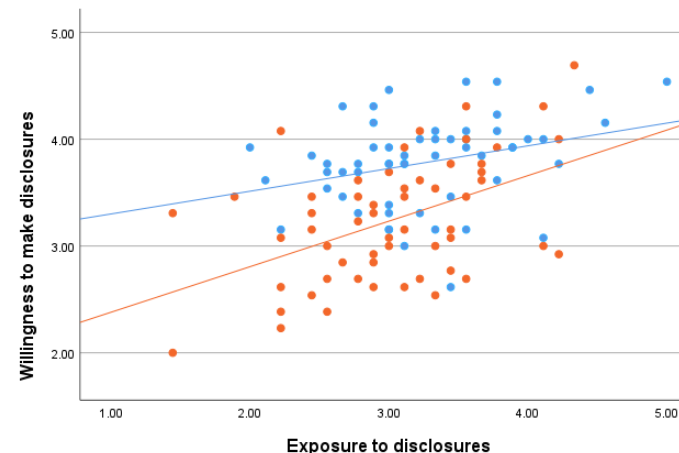
Self-disclosures



Exposure to disclosures



Reciprocity



Role

- I am a GP supervisor
- I am a GP registrar

GP supervisors
r = .28, p < .05

GP registrars
r = .47, p < .001

1. Walker JA, Ladany N & Pate-Carolan LM. Counselling and Psychotherapy Research, 2007;7: 12-18.

2. Ladany N & Lehrman-Waterman DE. (1999). Counselor Education and Supervision, 1999;38:143-160.