

## **A balancing act: Exploring how medical educators role model vulnerability whilst maintaining credibility**

Niroshe Amarasekera<sup>1</sup>, Simon Morgan<sup>1,2</sup>, Samia Toukhsati<sup>2,3,4</sup>

<sup>1</sup> Royal Australia College of General Practitioners

<sup>2</sup> GP Supervision Australia

<sup>3</sup> Monash University

<sup>4</sup> Melbourne University

### Synopsis

Most of us spend time perfecting our workshops and presentations so that they look flawless. We don't like to make mistakes or show vulnerability. Yet we expect our registrars to open up to us, discuss their mistakes and take on feedback.

This workshop will explore how we as educators can be vulnerable with learners in a purposeful manner, without losing credibility. This can lead to powerful transformative learning and role modelling so that learners are able to reciprocate.

### Learning Objectives

- Identify the core constructs of intellectual candour and its importance.
- Define concepts of reciprocal vulnerability, credibility and the educational alliance in the context of the medical educator's role.
- Explore ways to build trust and incorporate vulnerability with learners during medical educator interactions.
- Explore ways that medical educators can teach the concept of reciprocal vulnerability to learners

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