Orientation to GP Supervision for Women GPs



You spoke, we listened

GPSA recently consulted with over 50 women GPs who told us they want an orientation to GP supervision program, addressing the following priorities:

- GP supervision requirements: Clear, concise, and easy to understand and access.
- Relevant issues: Address key considerations pertinent to thinking about becoming a GP supervisor
- Information should be contextualised: Drawn from and contextualised by the experiences of women GP supervisors
- Realistic view: Provide a clear picture of what being a GP supervisor entails and looks like for women.
- Commitment clarity: Offer clear information on the responsibilities and commitment involved in GP supervision.
- Flexibility: Multi-modal resources to enable women GPs to access information where and when they need it most.

CO-DESIGNED ORIENTATION TO GP SUPERVISION PROGRAM

The Orientation to Supervision Program for Women GPs is a co-designed program based on the needs, priorities and solutions provided by women GPs. The aim of the program is to support the development of the identity and confidence of women GP supervisors through understanding of the processes, pathways, and responsibilities involved in GP supervision. It's primarily targeted for women GPs who are contemplating supervision, new to supervision, or considering returning to it.

<u>Goal:</u> To attract and support women GPs in supervision.

<u>Primary cohorts:</u> Non-supervising women GPs and novice GP supervisors.

Program rationale: To empower and nurture supervisor identity formation and confidence.

The Orientation to GP Supervision program will offer a suite of multi-modal resources for women GPs to access and use as suits individuals needs. The program comprises interactive webinars, information and 'cheat' sheets, and video vignettes.



INTERACTIVE WEBINARS

One or more webinars led by women GP supervisors, for women GP supervisors, and tailored to women's GP supervisor experience. The webinars will feature a diverse panel who will address questions and provide insight on various webinar topics.

Panel members may include:

- a novice GP supervisor <5 yrs experience
- an expert GP supervisor 15+ yrs experience
- a representative from RACGP
- a representative from ACRRM
- a GP moderator
- a registrar
- a practice manager.

Webinar topics

- Pathways into GP supervision
- Roles and responsibilities (for supervising GPT 1-4),
- Rewards/remuneration
- Day to day experiences of women supervisors in various settings
- Imposter syndrome
- Difficult conversations with senior colleagues

INFORMATION & 'CHEAT SHEET' RESOURCES



Cheat sheets will address common concerns and areas in need of clarity. These static, downloadable resources will cover key topics including:

- Pathways into GP supervision
- Entry requirements
- Rewards/remuneration
- Roles and responsibilities (for supervising GPT 1-4)
- College requirements for GP supervision.

VIDEO VIGNETTES



Featuring "a day in the life of a woman GP supervisor", these videos will illustrate ways various women GPs integrate supervision into their schedules and make the role work for them.