

## Global assessment of reflective ability (GAR)

GAR is a tool for formative and summative assessment of the ability to reflect.

It works in two parts.

### 1) Preparation:

The trainee produces a mind map or similar written presentation in a concept formation process addressing a concrete, complex competency. The trainee is given 1-2 weeks for the preparation and uses the description of the competency in the curriculum and possible portfolio notes as inspiration.

### 2) Structured discussion:

This begins with the trainee presenting his/her mind map/written presentation which then is the basis for a structured discussion between trainer and trainee that includes references to the concrete experience that the trainee has had in the field.

During the discussion the trainer assesses the following:

1. Does the trainee show ability to reflect on the problem/competency and on his/her own role as a GP according to the matter?
2. Does the trainee demonstrate relevant analytical skills concerning the problem/competency?
3. Is the trainee able to participate open-minded in a dialogue and demonstrate relevant flexibility?

The focus of the discussion is on formative aspects leading to a plan for further learning, but it also includes a summative assessment of whether the competency is successfully achieved.