

# Wellbeing support for GP registrars: misaligned perspectives and experiences of GP supervisors and GP registrars

Samia Toukhsati<sup>1,2,3</sup>, Rebecca Kippen<sup>2</sup>, Carla Taylor<sup>1</sup>, Jillian Benson<sup>4</sup>, Simon Morgan<sup>1</sup>, Justin Coleman<sup>1</sup>, Jo-anne Chapman<sup>5</sup>

## Background

- GP registrars require access to wellbeing support throughout their training
- GP supervisors may provide wellbeing support, however, the responsibilities associated with this role lack clarity

## Aim

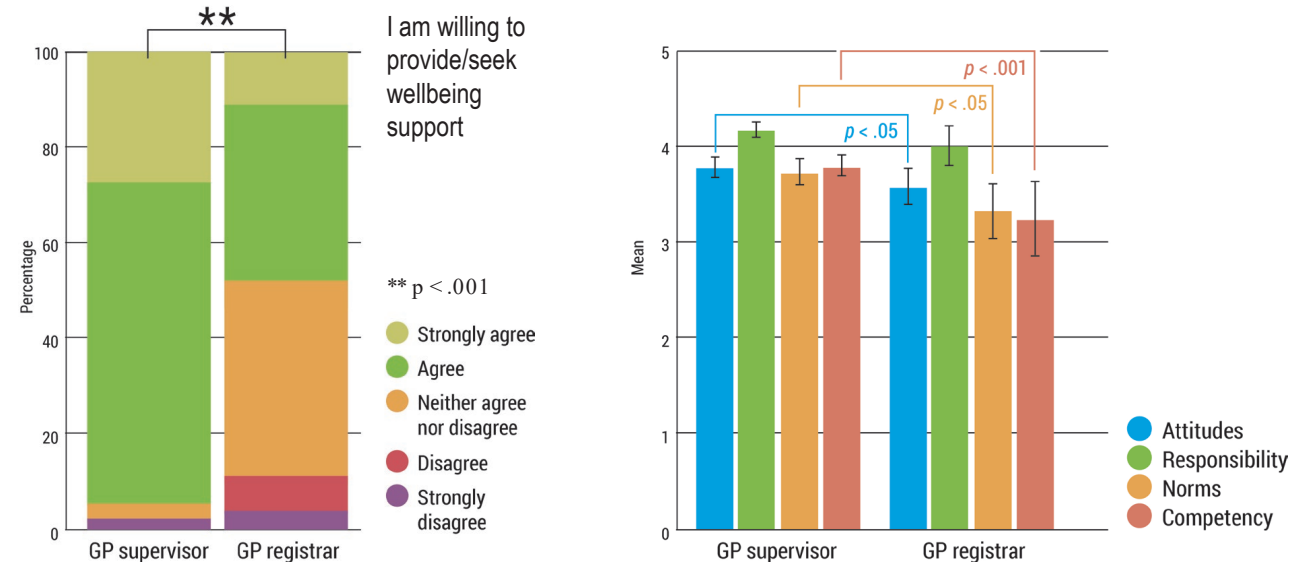
To explore the perspectives and experiences of GP supervisors and GP registrars as providers and recipients of wellbeing support in GP training

## Method

- GP supervisors (n = 94; 60% women; 54±11)
- GP registrars (n = 27; 74% women; 34±9)
- All Australian States/Territories represented
- All urban, regional/rural locations represented
- Anonymous online survey based on the Theory of Planned Behaviour (5 point Likert-type scales)

Citation: Toukhsati SR. et al. Wellbeing support for GP registrars: misaligned perspectives and experiences of GP supervisors and GP registrars. Paper presented at: WONCA 2023; 2023 Oct 26-29; Sydney Australia

## Results



## Discussion

- GP supervisors are more willing to provide wellbeing support than GP registrars are to seek it from them.
- There is normative pressure for GP supervisors to provide wellbeing support in GP training, but not for GP registrars to seek it from them.
- GP supervisors have greater confidence in their capacity to provide wellbeing support than GP registrars have of them.