

# WORKSHEET:

## Perceptions About Causes and Treatment of Mental Disorders

*Read each statement then mark your response on the scale.*

**1. Strongly Agree   2. Agree   3. Unsure   4. Disagree   5. Strongly Disagree**

<b>Causes</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Genetically inherited					
Punishment from God					
Abnormal family					
Social circumstances					
Poor diet					
Polluted air					
Loss of semen					
Imbalance of neurotransmitters					
Metabolic disorder					
Following a stressful incident					
<b>Treatment</b>					
Untreatable					
Well treated by faith healers					
Improved by leaving the patient alone					
Only relieved but not cured using medicine					
Improved by change of weather					
Less disabling than the treatment itself					
Psychotherapy is an essential part of treatment of all psychiatric disorders					
Psychotherapy is a waste of time					
ECT is inhuman and cruel					
ECT should be banned					
Antidepressant medications are useful					
Referral to a psychiatrist is essential					

adapted from: Jugal, Mukherjee, Parashar, Jiloha and Ingle, Indian J of Community Med, 2007, Vol 32, No 3