R3F.3

WORKSHEET:
Attitudes to Alcohol and Other Drugs

GPSA
GENERAL PRACTICE SUPERVISION AUSTRALIA

For each of the scenarios indicate your responses on the attitude scales provided.

Scenario 1:
Vic is a 47 year old truck driver who drives long distances interstate for his work. Over the past 12 months he has taken amphetamines to keep himself awake. He comes to your practice because his wife is concerned about him and she insisted he have a check-up.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped

Scenario 2:
A 15 year old boy is brought to the practice by his mother who is very upset as she discovered a pipe for smoking cannabis in his room yesterday. She wants you to talk to her son about using drugs.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped

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Scenario 3:

Joanna is a 17 year old who is binge drinking in a high risk manner. She presents to the practice with a broken arm after a fall at a party. She is upset because she told her parents she was going to a movie then staying overnight with a friend's family.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped

Scenario 4:

Jeff drank beer and wine in high school and started using illicit drugs as a young adult. While working on the farm he started using "speed" to get going in the mornings. He has had an accident and injured himself.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

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Scenario 5:

Lionel is a 71-year-old Korean War veteran who lives with his wife Grace in a rural town. He has been diagnosed as having PTSD and partly completed a rural outreach program. He has chronic angina and has recently had a stroke. He is a big man and his mobility is significantly decreased. He is a big drinker and a chronic smoker but wants to cut down.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped

Scenario 6:

Jack is 85 and lives in a caravan in a coastal area with a history of alcohol abuse and smoking and there may be some degree of dementia. He has chronic airway disease, arthritis and has been on medication for chronic back pain. He is taking MS Contin, Zoloft and Zantac.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

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Scenario 7:

Molly is a forklift operator who "sometimes needs a drink at lunchtime". Last week Molly struck a barrier with the forklift and was thrown from the vehicle injuring her shoulder. She admits to having felt a bit "high" but still felt she could work.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped

Scenario 8:

Patrick is a 45 year executive, married with 3 children and a business to run. He is under a lot of stress and has a "couple of beers and a bottle of wine most evenings to help him unwind". He has come to see you as is concerned about his insomnia.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

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Scenario 9:

Maria is a 48 year old school teacher who has come to the practice for her annual women's health check. During the consultation she reveals to you she drinks 2-3 glasses of wine in the evenings and more on weekends if she is relaxing with friends. She is wondering if this is contributing to her mood swings and occasional hot flushes.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped

Scenario 10:

Thomas is an 18 year old male who is a regular patient at your practice. He is an amphetamine user, previous narcotic addict and dealer. He has been diagnosed with psychosis and borderline personality disorder. Thomas presents to you with a painful right ankle after being injured last night and taken to the local hospital by the police.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped

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Scenario 11:
Lucy is an intravenous drug user who has come from interstate with her boyfriend to avoid arrest. She has confirmed hepatitis C and has come to your practice with a urinary tract infection.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped

Scenario 12:
Louise is a 40 year old mother of two who is a dependent drug user. As part of her treatment plan you have suggested that she go on a methadone programme. She is unsure as to whether it will help her addiction.

Patient deserves quality care ⟷ Doesn't deserve quality care

High level of concern ⟷ Low level of concern

Very comfortable dealing with issue ⟷ Uncomfortable dealing with issue

Believe you have a responsibility to help ⟷ Don't have a responsibility to help

Believe the patient can be helped ⟷ Little belief patient can be helped