

## **Autofill post diagnosis stage 1 dementia**

Headings based on DTA Domains Framework

This is an extensive list and cannot be covered in one consultation.

I cut and paste into the clinical notes (then delete or add as I go) and work through this list over many visits.

### **Cognition**

#### Ensure legal documents UTD

- Will
- POA
- ACD
- Guardianship

#### Medication review

- consider HMMR
- consider Acetylcholinesterase inhibitors
- reduce or cease anti-cholinergic medications
- review alcohol and drug use

#### Education for patients and families

- [DA website](#)
- Dementia Australia Hot line 1800 100 500
- Carer Gateway 1800 422 737
- Dementia Outreach Service (add in your local DOS ph number - referral also via [My Aged Care](#))

### **Function**

#### Discuss Driving

- patient to notify RMS when has new dementia diagnosis
- perform appropriate cognitive assessment for driving
- if patient wishes to drive despite your concerns or you are not sure about safety, offer OT assessment
- offer [Taxi Scheme](#) if eligible (strict criteria)
- offer transport via Community transport (MAC referral) or Home Care Package if eligible

#### Support at Home

- [My Aged Care](#) referral
- if under 65 NDIS
- safety; alarms and falls alerts

#### Social engagement

- encourage local dementia groups
- d/w family benefit of ongoing social interactions
- dementia Inclusive Ballina

## **Psychiatric**

### Depression and Anxiety

- treat any depression or anxiety
- MHTP
- referral for families if needed

### Delirium

- consider delirium action plan

## **Behaviours**

- Dementia Support Australia
- encourage social engagement
- maintain routine
- Education- person living with dementia & carers
- day respite

## **Physical functioning**

- hearing and vision check
- dental check
- consider EP referral
- consider dietician referral
- assess falls risk
- consider OT home assessment
- refer to local exercise groups

Please feel free to email any feedback to Dr Peter Silberberg, DTA ME;  
[silberberg@inet.net.au](mailto:silberberg@inet.net.au)