

# GPSA Educational Resources

## CLINICAL TOPICS CATALOGUE

### Introduction

Over the past few years, GPSA has developed a large number of educational resources to assist supervisors in their role. These comprise a wide range of formats, including teaching plans, guides, webinars (and related FAQs), online learning modules and flash cards. They cover topics related to supervision, teaching and assessment, as well as core clinical content.

The most comprehensive educational resource covering clinical content are the teaching plans. These plans have been developed as an 'off-the-shelf' in-practice teaching resource for GP supervisors. They cover a wide breadth of common and serious clinical presentations and problems managed in Australian general practice. They include key references and exam-style questions.

Increasingly, the GPSA teaching plans have been recognised as a repository of high quality, up to date learning material directly relevant to GP registrars for independent preparation for College examinations.

Additionally, there are webinars, FAQs and other resources which cover clinical content.

GPSA has identified the need to collate all their educational resources to make them more accessible. As part of this process, this document has been developed to categorise the clinical educational resources. Its aim is to assist supervisors and registrars to incorporate these resources into in-practice teaching and examination study plans.

We have categorised the clinical resources into the following headings

- BEACH top 30 most frequently managed reasons for encounter (presentations)
- BEACH top 30 most frequently managed problems
- ICPC2 body system chapter headings
- RACGP high risk presentations.

## Thirty most frequent reasons for encounter (BEACH 2015-16)

Presentation	Teaching plan(s)	Other GPSA resource
Prescription	<a href="#">Antibiotic prescribing</a> <a href="#">Mechanics of prescribing</a> <a href="#">Polypharmacy and deprescribing</a> <a href="#">Rational prescribing</a>	<a href="#">Rational prescribing guide</a>
Check-up	<a href="#">Preventative health and screening</a> <a href="#">Sexually transmitted infection</a>	Teaching your registrar about STI Management - What's new?: <a href="#">Webinar</a> <a href="#">FAQ</a>
Test results/blood test	<a href="#">Abnormal liver function tests</a> <a href="#">Rational test ordering</a>	
Cough	<a href="#">Cough</a>	
Immunisation	<a href="#">Immunisation</a>	
Back symptom	<a href="#">Back pain</a>	
Administration	<a href="#">Navigating Medicare</a> <a href="#">Workers compensation</a>	<a href="#">Managing Medicare billing and Shared Debt Risk (webinar)</a> <a href="#">Managing Medicare Billing FAQ</a> <a href="#">Medicare Compliance FAQ</a>
Rash	<a href="#">Dermatitis</a>	
Throat complaint	<a href="#">Sore throat</a> <a href="#">Upper respiratory tract infection</a>	
Fever	<a href="#">Fever in children</a>	
Depression	<a href="#">Depression</a>	Young people with depression: <a href="#">Webinar</a> <a href="#">FAQ</a>
Abdominal pain	<a href="#">Abdominal pain</a> <a href="#">Diverticular Disease</a>	
URTI	<a href="#">URTI</a>	
Headache	<a href="#">Headache</a>	
Skin symptom	<a href="#">Cellulitis</a> <a href="#">Non Melanoma Skin Cancer</a> <a href="#">Pigmented skin lesions</a>	Teaching Your Registrar How to Approach Dermatological Problems: <a href="#">Webinar</a> <a href="#">FAQ</a>
Sneezing/nasal congestion	<a href="#">Allergic rhinitis</a>	
Hypertension	<a href="#">Hypertension</a>	
Anxiety	<a href="#">Anxiety</a>	
Other referrals	<a href="#">Writing quality referrals</a>	
Weakness/tiredness	<a href="#">Fatigue</a>	<a href="#">Fatigue FAQ</a>
Knee symptom	<a href="#">Knee pain</a>	
Health education	<a href="#">Brief intervention and motivational interviewing</a>	
Ear pain	<a href="#">Otitis Media</a>	
Diabetes	<a href="#">Diagnosing diabetes</a> <a href="#">Managing diabetes</a>	
Shoulder symptom	<a href="#">Shoulder pain</a>	
Foot/toe symptom	<a href="#">Foot and ankle pain</a>	
Diarrhoea	<a href="#">Diarrhoea</a> <a href="#">Irritable bowel syndrome</a>	
Sleep disturbance	<a href="#">Insomnia</a>	
Swelling	<a href="#">Peripheral oedema</a>	

## Thirty most frequent problems managed (BEACH 2015-16)

Problem	Teaching plan(s)	Other resource
Hypertension	<a href="#">Hypertension</a>	
Check-up	<a href="#">Preventative health and screening</a> <a href="#">Sexually transmitted infection</a>	Teaching your registrar about STI Management - What's new?: <a href="#">Webinar</a> <a href="#">FAQ</a>
URTI	<a href="#">Sore throat</a> <a href="#">Upper respiratory tract infection</a>	
Immunisation	<a href="#">Immunisation</a>	
Depression	<a href="#">Depression</a>	Young people with depression: <a href="#">Webinar</a> <a href="#">FAQ</a>
Diabetes	<a href="#">Diagnosing diabetes</a> <a href="#">Managing diabetes</a>	
Arthritis	<a href="#">Osteoarthritis</a> <a href="#">Acute monoarthritis</a> <a href="#">Polyarthritis</a>	
Back symptom	<a href="#">Back pain</a>	
Lipid disorder	<a href="#">Hyperlipidaemia</a>	
Prescription	<a href="#">Antibiotic prescribing</a> <a href="#">Mechanics of prescribing</a> <a href="#">Polypharmacy and deprescribing</a> <a href="#">Rational prescribing</a>	<a href="#">Rational prescribing guide</a>
GORD	<a href="#">GORD</a>	
Test results	<a href="#">Abnormal liver function tests</a> <a href="#">Rational test ordering</a>	
Anxiety	<a href="#">Anxiety</a>	
Asthma	<a href="#">Asthma</a>	
Acute bronchitis	<a href="#">Acute bronchitis</a>	
UTI	<a href="#">UTI</a>	
Contact dermatitis	<a href="#">Dermatitis</a>	Teaching Your Registrar How to Approach Dermatological Problems: <a href="#">Webinar</a> <a href="#">FAQ</a>
Sleep disturbance	<a href="#">Insomnia</a>	
Administration	<a href="#">Workers compensation</a>	
Vitamin deficiency	<a href="#">Vitamin B12 deficiency</a>	
Gastroenteritis	<a href="#">Diarrhoea</a>	
Sneezing/nasal congestion	<a href="#">Allergic rhinitis</a>	
Bursitis/tendonitis	<a href="#">Superficial Bursitis</a>	
Atrial fibrillation	<a href="#">Atrial fibrillation</a>	
Sinusitis	<a href="#">Sinusitis</a>	
Sprain	Sprain*	
Skin disease	<a href="#">Dermatitis</a>	Teaching Your Registrar How to Approach Dermatological Problems: <a href="#">Webinar</a> <a href="#">FAQ</a>
Headache	<a href="#">Headache</a>	
Pregnancy	<a href="#">Antenatal care</a>	
Viral disease	<a href="#">Viral infections</a>	
Laceration	Skin laceration*	
Solar keratosis	-	
Malignant neoplasm, skin	<a href="#">Non-Melanoma Skin Cancer</a> <a href="#">Pigmented skin lesions</a>	
Oral contraception	<a href="#">Contraception</a>	
Osteoporosis	<a href="#">Osteoporosis</a>	

## ICPC2 body system chapter headings

ICPC is divided into 17 chapters by body systems representing the localisation of the problem. As well, there is a chapter for general and unspecified issues, and a chapter for social problems.

ICPC2 Chapter Heading	Teaching plan(s)	Other GPSA resource
<b>A General and unspecified</b>	<a href="#">Adolescent health</a> <a href="#">Antibiotic prescribing</a> <a href="#">Fatigue</a> <a href="#">Fever in children</a> <a href="#">Genomics</a> <a href="#">Preventative health and screening</a> <a href="#">Immunisation</a> <a href="#">Mechanics of prescribing</a> <a href="#">Navigating Medicare</a> <a href="#">Polypharmacy and deprescribing</a> <a href="#">Rational prescribing</a> <a href="#">Rational test ordering</a> <a href="#">Workers compensation</a>	Addiction medicine: <a href="#">webinar</a> FAQ*  Teaching your registrar about Chronic Disease Management and Related MBS items: <a href="#">Webinar</a> <a href="#">FAQ</a>  Common Infections in General Practice <a href="#">Part 1 webinar</a> <a href="#">Part 1 FAQ</a> <a href="#">Part 2 webinar</a> <a href="#">Part 2 FAQ</a>
<b>B Blood, blood forming</b>	<a href="#">Lymphadenopathy</a> <a href="#">Multiple myeloma</a>	
<b>D Digestive</b>	<a href="#">Abdominal pain</a> <a href="#">Abnormal Liver function tests</a> <a href="#">Coeliac disease</a> <a href="#">Diarrhoea</a> <a href="#">Diverticular Disease</a> <a href="#">Fatty liver</a> <a href="#">GORD</a> <a href="#">Hepatitis C</a> <a href="#">Hereditary haemochromatosis</a> <a href="#">IBD (inflammatory bowel disease)</a> <a href="#">IBS (irritable bowel disease)</a>	Teaching your registrar about Coeliac Disease: <a href="#">Webinar</a> <a href="#">FAQ</a>
<b>F Eye</b>	<a href="#">Red eye</a>	
<b>H Ear</b>	<a href="#">Allergic rhinitis</a> <a href="#">Otitis Media</a>	
<b>K Circulatory</b>	<a href="#">Atrial fibrillation</a> <a href="#">Chest pain</a> <a href="#">Hyperlipidaemia</a> <a href="#">Heart failure</a> <a href="#">Hypertension</a> <a href="#">Peripheral oedema</a> <a href="#">Peripheral vascular disease</a>	
<b>L Musculoskeletal</b>	<a href="#">Acute monoarthritis</a> <a href="#">Back pain</a> <a href="#">Foot and ankle problems</a> <a href="#">Gout</a> <a href="#">Knee pain</a> <a href="#">Neck pain</a> <a href="#">Osteoarthritis</a> <a href="#">Polyarthritis</a> <a href="#">Polymyalgia Rheumatica (PMR)</a> <a href="#">Shoulder pain</a>	

## ICPC2 body system chapter headings (cont.)

ICPC2 Chapter Heading	Teaching plan(s)	Other GPSA resource
<b>N Neurological</b>	<a href="#">Dementia Diagnosis</a> <a href="#">Dementia Management</a> <a href="#">Dizziness</a> <a href="#">Headache</a> <a href="#">Peripheral neuropathy</a> <a href="#">TIA/stroke</a>	Managing Dementia in General Practice: <a href="#">Webinar</a> <a href="#">FAQ</a>  Teaching Dementia Care - A Structured Approach: <a href="#">Webinar</a> <a href="#">FAQ</a>  Supporting Your Registrar to Manage Stage 3 (Advanced) Dementia: <a href="#">Webinar</a> <a href="#">FAQ</a>
<b>P Psychological</b>	<a href="#">Anxiety</a> <a href="#">Depression</a> <a href="#">Insomnia</a> <a href="#">Attention Deficit Hyperactivity Disorder (ADHD)</a>	Young people with depression: <a href="#">Webinar</a> <a href="#">FAQ</a>  Managing the Patient with ADHD - Helping Your Registrar Deliver Best Practice Care: <a href="#">Webinar</a> <a href="#">FAQ</a>
<b>R Respiratory</b>	<a href="#">Asthma</a> <a href="#">Acute bronchitis</a> <a href="#">COPD</a> <a href="#">Cough</a> <a href="#">Sinusitis</a> <a href="#">Smoking cessation</a> <a href="#">Sore throat</a> <a href="#">URTI</a>	Chronic Obstructive Pulmonary Disease (COPD): <a href="#">COPD medicines and inhalers Webinar</a> <a href="#">FAQ</a>  How to manage COVID-19: <a href="#">Webinar</a> <a href="#">FAQ</a>
<b>S Skin</b>	<a href="#">Acne</a> <a href="#">Cellulitis</a> <a href="#">Contact dermatitis</a> Laceration* <a href="#">Leg ulcers</a> <a href="#">Non melanoma skin cancer</a> <a href="#">Pigmented skin lesions</a>	Teaching Your Registrar How to Approach Dermatological Problems: <a href="#">Webinar</a> <a href="#">FAQ</a>
<b>T Metabolic, endocrine, nutrition</b>	<a href="#">Diagnosing diabetes</a> <a href="#">Managing diabetes</a> <a href="#">Osteoporosis</a> <a href="#">Thyroid disease</a> <a href="#">Vitamin B12 deficiency</a>	
<b>U Urinary</b>	<a href="#">Chronic Kidney Disease</a> <a href="#">Haematuria</a> <a href="#">Urinary Incontinence</a> <a href="#">UTI</a>	
<b>W Pregnancy, family planning</b>	<a href="#">Antenatal care</a> <a href="#">Contraception</a>	
<b>X Female genital</b>	<a href="#">Abnormal uterine bleeding</a> <a href="#">Breast lumps</a> <a href="#">Endometriosis</a> <a href="#">Menopause</a> <a href="#">Sexually transmitted infection</a>	How to teach Endometriosis: <a href="#">Webinar</a> <a href="#">FAQ</a>  Teaching your registrar about STI Management - What's new?: <a href="#">Webinar</a> <a href="#">FAQ</a>
<b>Y Male genital</b>	<a href="#">LUTS</a> <a href="#">Sexually transmitted infection</a>	Teaching your registrar about STI Management - What's new?: <a href="#">Webinar</a> <a href="#">FAQ</a>
<b>Z Social</b>	-	

\* To be developed

## RACGP High Risk Areas

High Risk Area	Teaching plan(s)	Other GPSA resource
<b>Diagnosis of malignancies</b>	<a href="#">Abnormal LFT</a> <a href="#">Abnormal uterine bleeding</a> <a href="#">Breast lumps</a> <a href="#">Cough</a> <a href="#">Diarrhoea</a> <a href="#">Fatigue</a> <a href="#">Haematuria</a> <a href="#">Lymphadenopathy</a> <a href="#">Multiple myeloma</a> <a href="#">Non melanoma skin cancer</a> <a href="#">Pigmented skin lesions</a>	
<b>Diagnosis of serious medical and/or life-threatening problems</b>	<a href="#">Atrial fibrillation</a> <a href="#">Chest pain</a> <a href="#">Fever in children</a> <a href="#">Headache</a> <a href="#">Heart Failure</a> <a href="#">IBD (inflammatory bowel disease)</a> <a href="#">Red eye</a> <a href="#">Sepsis</a> <a href="#">TIA/stroke</a>	How to manage COVID-19: <a href="#">Webinar</a> <a href="#">FAQ</a>
<b>Diagnosis of serious surgical problems</b>	<a href="#">Abdominal pain</a>	
<b>Assessment of trauma</b>	Skin laceration*	
<b>Medication misadventure</b>	<a href="#">Antibiotic prescribing</a> <a href="#">Immunisation</a> <a href="#">Mechanics of prescribing</a> <a href="#">Polypharmacy and deprescribing</a> <a href="#">Rational prescribing</a>	<a href="#">Rational prescribing guide</a> <a href="#">Teaching the subtleties of prescribing and deprescribing Webinar</a>
<b>Privacy procedures</b>	-	
<b>Procedures</b>	Skin laceration*	

\* To be developed