

GPSA Educational Resources

CLINICAL TOPICS CATALOGUE

Introduction

Over the past few years, GPSA has developed a large number of educational resources to assist supervisors in their role. These comprise a wide range of formats, including teaching plans, guides, webinars (and related FAQs), online learning modules and flash cards. They cover topics related to supervision, teaching and assessment, as well as core clinical content.

The most comprehensive educational resource covering clinical content are the teaching plans. These plans have been developed as an 'off-the-shelf' in-practice teaching resource for GP supervisors. They cover a wide breadth of common and serious clinical presentations and problems managed in Australian general practice. They include key references and exam-style questions.

Increasingly, the GPSA teaching plans have been recognised as a repository of high quality, up to date learning material directly relevant to GP registrars for independent preparation for College examinations.

Additionally, there are webinars, FAQs and other resources which cover clinical content.

GPSA has identified the need to collate all their educational resources to make them more accessible. As part of this process, this document has been developed to categorise the clinical educational resources. Its aim is to assist supervisors and registrars to incorporate these resources into in-practice teaching and examination study plans.

We have categorised the clinical resources into the following headings

- BEACH top 30 most frequently managed reasons for encounter (presentations)
- BEACH top 30 most frequently managed problems
- ICPC2 body system chapter headings
- RACGP high risk presentations.

Thirty most frequent reasons for encounter (BEACH 2015-16)

Presentation	Teaching plan(s)	Other GPSA resource
Prescription	Antibiotic prescribing Mechanics of prescribing Polypharmacy and deprescribing Rational prescribing	Rational prescribing guide
Check-up	Preventative health and screening Sexually transmitted infection	Teaching your registrar about STI Management - What's new?: Webinar FAQ
Test results/blood test	Abnormal liver function tests Rational test ordering	
Cough	Cough	
Immunisation	Immunisation	
Back symptom	Back pain	
Administration	Navigating Medicare Workers compensation	Managing Medicare billing and Shared Debt Risk (webinar) Managing Medicare Billing FAQ Medicare Compliance FAQ
Rash	Dermatitis	
Throat complaint	Sore throat Upper respiratory tract infection	
Fever	Fever in children	
Depression	Depression	Young people with depression: Webinar FAQ
Abdominal pain	Abdominal pain Diverticular Disease	
URTI	URTI	
Headache	Headache	
Skin symptom	Cellulitis Non Melanoma Skin Cancer Pigmented skin lesions	Teaching Your Registrar How to Approach Dermatological Problems: Webinar FAQ
Sneezing/nasal congestion	Allergic rhinitis	
Hypertension	Hypertension	
Anxiety	Anxiety	
Other referrals	Writing quality referrals	
Weakness/tiredness	Fatigue	Fatigue FAQ
Knee symptom	Knee pain	
Health education	Brief intervention and motivational interviewing	
Ear pain	Otitis Media	
Diabetes	Diagnosing diabetes Managing diabetes	
Shoulder symptom	Shoulder pain	
Foot/toe symptom	Foot and ankle pain	
Diarrhoea	Diarrhoea Irritable bowel syndrome	
Sleep disturbance	Insomnia	
Swelling	Peripheral oedema	

Thirty most frequent problems managed (BEACH 2015-16)

Problem	Teaching plan(s)	Other resource
Hypertension	Hypertension	
Check-up	Preventative health and screening Sexually transmitted infection	Teaching your registrar about STI Management - What's new?: Webinar FAQ
URTI	Sore throat Upper respiratory tract infection	
Immunisation	Immunisation	
Depression	Depression	Young people with depression: Webinar FAQ
Diabetes	Diagnosing diabetes Managing diabetes	
Arthritis	Osteoarthritis Acute monoarthritis Polyarthritis	
Back symptom	Back pain	
Lipid disorder	Dyslipidaemia	
Prescription	Antibiotic prescribing Mechanics of prescribing Polypharmacy and deprescribing Rational prescribing	Rational prescribing guide
GORD	GORD	
Test results	Abnormal liver function tests Rational test ordering	
Anxiety	Anxiety	
Asthma	Asthma	
Acute bronchitis	Acute bronchitis	
UTI	UTI	
Contact dermatitis	Dermatitis	Teaching Your Registrar How to Approach Dermatological Problems: Webinar FAQ
Sleep disturbance	Insomnia	
Administration	Workers compensation	
Vitamin deficiency	Vitamin B12 deficiency	
Gastroenteritis	Diarrhoea	
Sneezing/nasal congestion	Allergic rhinitis	
Bursitis/tendonitis	Superficial Bursitis	
Atrial fibrillation	Atrial fibrillation	
Sinusitis	Sinusitis	
Sprain	Sprain*	
Skin disease	Dermatitis	Teaching Your Registrar How to Approach Dermatological Problems: Webinar FAQ
Headache	Headache	
Pregnancy	Antenatal care	
Viral disease	Viral infections	
Laceration	Skin laceration*	
Solar keratosis	-	
Malignant neoplasm, skin	Non-Melanoma Skin Cancer Pigmented skin lesions	
Oral contraception	Contraception	
Osteoporosis	Osteoporosis	

ICPC2 body system chapter headings

ICPC is divided into 17 chapters by body systems representing the localisation of the problem. As well, there is a chapter for general and unspecified issues, and a chapter for social problems.

ICPC2 Chapter Heading	Teaching plan(s)	Other GPSA resource
A General and unspecified	Adolescent health Antibiotic prescribing Fatigue Fever in children Genomics Preventative health and screening Immunisation Mechanics of prescribing Navigating Medicare Polypharmacy and deprescribing Rational prescribing Rational test ordering Workers compensation	Addiction medicine: webinar FAQ* Teaching your registrar about Chronic Disease Management and Related MBS items: Webinar FAQ Common Infections in General Practice Part 1 webinar Part 1 FAQ Part 2 webinar Part 2 FAQ
B Blood, blood forming	Lymphadenopathy Multiple myeloma	
D Digestive	Abdominal pain Abnormal Liver function tests Coeliac disease Diarrhoea Diverticular Disease Fatty liver GORD Hepatitis C Hereditary haemochromatosis IBD (inflammatory bowel disease) IBS (irritable bowel disease)	Teaching your registrar about Coeliac Disease: Webinar FAQ
F Eye	Red eye	
H Ear	Allergic rhinitis Otitis Media	
K Circulatory	Atrial fibrillation Chest pain Dyslipidaemia Heart failure Hypertension Peripheral oedema Peripheral vascular disease	
L Musculoskeletal	Acute monoarthritis Back pain Foot and ankle problems Gout Knee pain Neck pain Osteoarthritis Polyarthritis Polymyalgia Rheumatica (PMR) Shoulder pain	

ICPC2 body system chapter headings (cont.)

ICPC2 Chapter Heading	Teaching plan(s)	Other GPSA resource
N Neurological	Dementia Diagnosis Dementia Management Dizziness Headache Peripheral neuropathy TIA/stroke	Managing Dementia in General Practice: Webinar FAQ Teaching Dementia Care - A Structured Approach: Webinar FAQ Supporting Your Registrar to Manage Stage 3 (Advanced) Dementia: Webinar FAQ
P Psychological	Anxiety Depression Insomnia Attention Deficit Hyperactivity Disorder (ADHD)	Young people with depression: Webinar FAQ Managing the Patient with ADHD - Helping Your Registrar Deliver Best Practice Care: Webinar FAQ
R Respiratory	Asthma Acute bronchitis COPD Cough Sinusitis Smoking cessation Sore throat URTI	Chronic Obstructive Pulmonary Disease (COPD): COPD medicines and inhalers Webinar FAQ How to manage COVID-19: Webinar FAQ
S Skin	Acne Cellulitis Contact dermatitis Laceration* Leg ulcers Non melanoma skin cancer Pigmented skin lesions	Teaching Your Registrar How to Approach Dermatological Problems: Webinar FAQ
T Metabolic, endocrine, nutrition	Diagnosing diabetes Managing diabetes Osteoporosis Thyroid disease Vitamin B12 deficiency	
U Urinary	Chronic Kidney Disease Haematuria Urinary Incontinence UTI	
W Pregnancy, family planning	Antenatal care Contraception	
X Female genital	Abnormal uterine bleeding Breast lumps Endometriosis Menopause Sexually transmitted infection	How to teach Endometriosis: Webinar FAQ Teaching your registrar about STI Management - What's new?: Webinar FAQ
Y Male genital	LUTS Sexually transmitted infection	Teaching your registrar about STI Management - What's new?: Webinar FAQ
Z Social	-	

* To be developed

RACGP High Risk Areas

High Risk Area	Teaching plan(s)	Other GPSA resource
Diagnosis of malignancies	Abnormal LFT Abnormal uterine bleeding Breast lumps Cough Diarrhoea Fatigue Haematuria Lymphadenopathy Multiple myeloma Non melanoma skin cancer Pigmented skin lesions	
Diagnosis of serious medical and/or life-threatening problems	Atrial fibrillation Chest pain Fever in children Headache Heart Failure IBD (inflammatory bowel disease) Red eye Sepsis TIA/stroke	How to manage COVID-19: Webinar FAQ
Diagnosis of serious surgical problems	Abdominal pain	
Assessment of trauma	Skin laceration*	
Medication misadventure	Antibiotic prescribing Immunisation Mechanics of prescribing Polypharmacy and deprescribing Rational prescribing	Rational prescribing guide Teaching the subtleties of prescribing and deprescribing Webinar
Privacy procedures	-	
Procedures	Skin laceration*	

* To be developed